### RANI BIRLA GIRLS' COLLEGE

38, SHAKESPEARE SARANI, KOLKATA - 700017

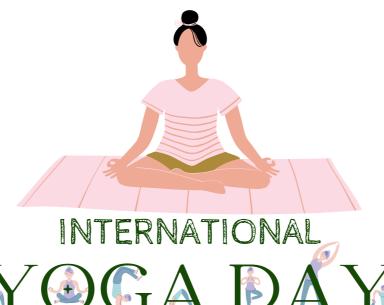


#### PHYSICAL & MENTAL WELL BEING CELL

in association with



celebrates



YOGA DAY

21.06.2023

with

ONLINE QUIZ COMPETITION

through

**GOOGLE FORM LINK** 

https://forms.gle/JRB461gyURBEemGm8

GENERAL AWARENESS OF WELL BEING, YOGA & INTERNATIONAL YOGA DAY







## INTERNATIONAL YOGA DAY 2023

### Rules & Regulations



Online quiz for all students through a Google link provided in the flier which will be shared in all the departmental student groups.



The link will be active between 6 pm and 6.30 pm



The 1st 3 students to answer ALL questions correctly will be the winners.



The name of the winners will be declared in the college website



# RANI BIRLA GIRLS' COLLEGE PHYSICAL & MENTAL WELL BEING CELL

in association with

Internal Quality Assurance Cell (IQAC)

